



APPLEWOOD

LEAFLET

FEBRUARY 2009

www.applewoodbusiness.com

2008-2009

OFFICERS & DIRECTORS

Board meetings are the first Thursday of each month. All board meetings are open to ABA members.

PRESIDENT

Lil Phillips
First Community Bank
303-729-3701

1ST VICE PRESIDENT

Jennifer Williams
Buzz 4 Help
303-828-7917

2ND VICE PRESIDENT

Anne Linze
Marriott Denver West
303-273-4030

SECRETARY

Flori Dickson
Automated Business Products
303-778-0600

TREASURER

Lee Knoll, Jr.
Knoll & Company, P.C.
303-238-9673

PAST PRESIDENT

Rick Bender, Denver Tax
303-238-3332

DIRECTORS

Preston Loos
E.D.S. Waste Solutions, Inc.
303-278-8600

Linda Schafer, GL Specialties
303-456-9035

Van Wedgwood
Re/Max Alliance
303-420-5352

Brian DeLaet, EduCyber, Inc.
303-268-2245

Lori Bush-Engel, Echo Pages
303-880-4084

Mike Larkin
Larkin & Associates, LLC
303-202-0202

Cooper Swenson
Edward Jones Investments
303-278-0733

Dr. Erin Kruse, D.C.- Mountain
Lifestyles Chiropractic &
Acupuncture Center, P.C.
303-271-1701

Ryan Stachelski
City of Wheat Ridge
303-330-3166

Thanks to New and Renewing Members

Thanks to all our new and renewing members! Because of your continuing support, the ABA just keeps on growing, which means more networking opportunities for you!

For detailed information on each member, please visit the website at www.applewoodbusiness.com.

New Members

Kelly Hesser – Lakeview Senior Living, 3214 S. Wadsworth Blvd., Unit G, Lakewood, Co 80227, 303-988-2848, khesser@spectrumretirement.com, www.lakeviewseniorliving.com

Renewing Members

Kim Buck – Guaranty Bank & Trust

Brian Melody – Applewood Golf Course

Bob Murphy – Mayor/City of Lakewood

Janet & Jim Osborne – Shaklee/Osborne Enterprise

Charley Ray – Peak Appliance



- THANKS TO ALL OF YOU -

The ABA collected \$675 at our Holiday Party. A donation in that amount has been presented to the Jeffco Action Center. The ABA is proud to help our communities – remember every bit helps someone in need. “Working together to make Applewood a dynamic, vibrant community in which to work, live and play.”

Join or Renew

Your ABA Membership for 2009!

Sign up now for your 2009 membership. There are tons of fantastic benefits to becoming an ABA member, including networking opportunities and enlightening speakers at monthly lunch or breakfast meetings, business after hours events, ribbon cuttings, a holiday party and much more! To learn more about the many reasons to join the ABA, visit us online at www.applewoodbusiness.com.

NOW IS YOUR OPPORTUNITY

It is time to promote YOUR business through the ABA. The ABA is looking for members who have not spoken for a while or have never spoken to sign up to be a **5-MINUTE SPOTLIGHT SPEAKER.**

Please call Linda Schafer at 303-456-9035 or email at glspecad@glspecialties.com

The 2009 ABA Directories

are currently being delivered to businesses and residences in our communities.

To request any additional 2009 ABA Directories, Contact Brian DeLaet at 303-268-2245.



MISSION STATEMENT

The ABA is dedicated to the promotion, expansion and development of its members by providing services that directly aid, support and promote their business and by expressing and supporting common goals of protection, identity and growth of Applewood businesses and the community.

MEMBER SPOTLIGHT

**Bj Hambleton, MS, SHC, CBS
Steps and Wings Healing Arts
309 Ford St., Golden, CO 80403
303-378-6630**

**bj@stepsandwings.com,
www.stepsandwings.com**

When was the last time you took your car to the dealership and they connected it to a computer to tell you what needed tuning, correcting and balancing? The QXCI/SCIO technology does the same for your body, mind, and spirit.

All you have to do is decide to come, to sit and let me do the work. Here are some benefits:

*** you feel better * your system works more easily and effectively * your physical body is balanced * you have a new sense of well-being * you are relaxed * your stress is relieved * you leave healthier and happier * usually you look better too!**

Bj Hambleton, began her work as a wellness consultant after receiving treatment sessions and being absolutely blown away with the effectiveness, capacity, and thoroughness of the QXCI/SCIO. She has been in active practice with this instrument since 2004. Continuing Education is a daily, weekly and monthly requirement and pleasure. She continues to learn and grow with the QXCI/SCIO, her clients and herself. Bj tunes, corrects, and balances your whole self.

ABA GENERAL MEMBERSHIP MEETINGS

Make meeting reservations and pay online at www.applewoodbusiness.com/meetingsignup.shtml, or call 303-233-4764 at least 48 hours in advance, please.

LUNCH 11:15 AM, WEDNESDAY, February 11th

Location: Holiday Inn, Denver West, 14704 W. Colfax

Cost: \$18.00

Speaker: Nigel Clayton

About the Program: Coaching Entrepreneurial Authenticity

5-Minute Spotlight & Door Prize: Bj Hambleton,
Steps & Wings Healing Arts

BREAKFAST 7:15 AM, THURSDAY, March 12th

Location: Holiday Inn, Denver West, 14704 W. Colfax

Cost: \$15.00

Speaker: Mark McIntosh

About The Program: "Lemons Into Margaritas"-Transforming Adversity

5-Minute Spotlight & Door Prize: (to be announced)



Did you know...

You can sign up for Applewood Business Association meetings, get the latest membership directory information and other important information on the ABA Web site? Go to www.applewoodbusiness.com

If you sign up to be the 5-minute spotlight speaker for an upcoming meeting, ABA will feature your business in the Leaflet for FREE.

A sign up sheet will be available at the monthly meeting;

OR for more info or to sign up, email glspecad@glspecialties.com.

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*The ABA is a partnership of community-minded business persons
working together to improve the quality of life in our community.*

Applewood Business Association
P.O. Box 5177
Wheat Ridge, CO 80034



