



APPLEWOOD

"Celebrating 30 years"

NEWSLETTER

www.applewoodbusiness.com

APRIL 2010

2009-2010 OFFICERS & DIRECTORS

Board meetings are the first Thursday of each month. All board meetings are open to ABA members.

PRESIDENT

Rick Bender, Denver Tux
303-238-3332

1ST VICE PRESIDENT

Jennifer Williams
Buzz 4 Help, 303-828-7917

2ND VICE PRESIDENT

Ryan Stachelski
City of Wheat Ridge
303-235-2806

SECRETARY

Lori Bush-Engel, 303-880-4084
Modern Woodmen Of America

TREASURER

Lee Knoll, Jr.
Knoll & Company, P.C.
303-238-9673

PAST PRESIDENT

Lil Phillips
Great Western Bank
303-223-7704

DIRECTORS

Preston Loos
E.D.S. Waste Solutions, Inc.,
303-278-8600

Van Wedgwood, Re/Max
Alliance, 303-420-5352

Brian DeLaet, EduCyber, Inc.
303-268-2245

Mike Larkin, Larkin &
Associates, LLC, 303-202-0202

Cooper Swenson, Edward Jones
Investments, 303-278-0733

Dr. Erin Kruse, D.C.- Mountain
Lifestyles Chiropractic &
Acupuncture Center, P.C.
303-271-1701

Anne Linze, Denver Marriott
West, 303-273-4030

Gretchen Thomas, Bank Of The
West, 303-526-1023

Lisa Kish-Pittman,
Abrakadoodle, 303-997-9061

Marla Swanson, Williv Center
303-232-2143

SAVE THE DATE

Applewood Business Association 21st Annual Golf Tournament

FRIDAY, JUNE 18th

Applewood Golf Course

Afternoon Start

More details to come...



Larkin and Associates Grand Opening / After Hours BBQ

Tuesday, April 27, 4:30 pm
2650 Youngfield St, Lakewood, CO 80215
Please park on 26th Avenue, west of
Youngfield

Join the Applewood Business Association
as we welcome Larkin and Associates to the
heart of Applewood.

This Business After Hours / Grand Opening
event will feature delicious barbecue as well
as an assortment of beverages.

No RSVP required.

BEST Business Education Next Training

When: Friday, April 16, 7:30 - 9:00 am

Management Skills for Leaders

Where: Wheat Ridge Recreation Center,
4005 Kipling St., Wheat Ridge, 80033

Cost: \$15

Presented by Enterprise Wheat Ridge

Thanks to New and Renewing Members

Thanks to all our new and renewing members! Because of your continuing support, the ABA just keeps on growing, which means more networking opportunities for you! For detailed information on each member, please visit the website at www.applewoodbusiness.com.

Renewed Members

Gary Giglio – SMG Corporation

Mike Larkin – Larkin & Associates, LLC

Michelle Newitt – Morningstar Assisted Living

Becky Prall – PEI Insurance Agency

Molly Zeman – Zeman Sells, Inc./Keller
Williams Realty Downtown



Applewood Business Association Leads Group

What: Business-to-Business, Industry-Specific
Leads Group

When: 1st and 3rd Tuesday of Each Month, 7:30 -
8:30 a.m.

Location: 4251 Kipling St, 2nd Floor Conference
Room

Annual Cost: ABA Members: \$50; Non-ABA
Members: \$150

Come check out this new ABA member benefit!

MISSION STATEMENT

The ABA is dedicated to the promotion, expansion and development of its members by providing services that directly aid, support and promote their business and by expressing and supporting common goals of protection, identity and growth of Applewood businesses and the community.

5-Minute Spotlight

Karen Lee is Registered Massage Therapist and has been in business for 23 years in Golden. She uses Integrative Massage, which includes deep tissue massage, Swedish massage, acupuncture, Reiki, pregnancy massage and infant massage. She is certified in Sports Massage levels 1, 2 and 3. She works with people with chronic pain, whiplash injuries, sports injuries, and soft tissue injuries. She also can work with people for stress and relaxation. Karen is a massage teacher, and was also the owner of The Golden Institute of Massage. Karen can come to your business and do chair massage as a benefit to you and your employees, as well as at fundraisers. She is currently located at 1767 Denver West Blvd, Suite A, Golden, 80401, and works on an appointment basis. She can be reached at 303-995-2117. She got into the field of massage therapy so that she could help others to be free of stress in their bodies, and have greater flexibility and a renewed connection to themselves.

Speaker Spotlight

Jayne Reiter is a small business specialist having over 20 years experience in sales and marketing. In her career she has owned and operated her own retail and sales business. She has a B.S. in Business Administration and a M.Ed. in Adult Education. In her role as a business counselor, she guides Small Business Development Center clients through start-up issues, marketing, alternative financing, and business plan development. She is dedicated to helping small business achieve their goals in growth and expansion.

ABA GENERAL MEMBERSHIP MEETINGS

To make meeting reservations--call 303-233-4764 or pay online at www.applewoodbusiness.com/meetingsignup at least 48 hours in advance.

LUNCH 11:15 AM, THURSDAY, April 8th

Location: **Denver Marriott West**, 1717 Denver Marriott West Blvd.

Cost: \$20.00

Speaker: Jayne Reiter – SBDC, Lakewood Division

About the Program: New Economy-Survive and Thrive

5-Minute Spotlight & Door Prize: Karen Lee, Lillie Lee Massage Center



BREAKFAST 7:15 AM, THURSDAY, May 13th

Location: **Denver Marriott West**, 1717 Denver Marriott West Blvd.

Cost: \$18.00

Speaker: Steve Nguyen, City of Wheat Ridge

About The Program: Public Works Update

5-Minute Spotlight & Door Prize: Brian Melody, Applewood Golf Course

You can sign up for Applewood Business Association meetings, get the latest membership directory information and other important information on the ABA Web site? Go to

www.applewoodbusiness.com

If you sign up to be the 5-minute spotlight speaker for an upcoming meeting, ABA will feature your business in the Newsletter for FREE.

A sign up sheet will be available at the monthly meeting;

OR for more info or to sign up, email Lillian.Phillips@greatwesternbank.com.

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*The ABA is a partnership of community-minded business persons
working together to improve the quality of life in our community.*

Applewood Business Association
P.O. Box 5177
Wheat Ridge, CO 80034

