



APPLEWOOD

LEAFLET

www.applewoodbusiness.com

NOVEMBER 2009

2009-2010 OFFICERS & DIRECTORS

Board meetings are the first Thursday of each month. All board meetings are open to ABA members.

PRESIDENT

Rick Bender, Denver Tux
303-238-3332

1ST VICE PRESIDENT

Jennifer Williams
Buzz 4 Help, 303-828-7917

2ND VICE PRESIDENT

Ryan Stachelski
City of Wheat Ridge
303-235-2806

SECRETARY

Lori Bush-Engel, 303-880-4084

TREASURER

Lee Knoll, Jr.
Knoll & Company, P.C.
303-238-9673

PAST PRESIDENT

Lil Phillips
Great Western Bank
303-223-7704

DIRECTORS

Preston Loos
E.D.S. Waste Solutions, Inc.,
303-278-8600

Van Wedgwood, Re/Max
Alliance, 303-420-5352

Brian DeLaet, EduCyber, Inc.
303-268-2245

Mike Larkin, Larkin &
Associates, LLC, 303-202-0202

Cooper Swenson, Edward Jones
Investments, 303-278-0733

Dr. Erin Kruse, D.C.- Mountain
Lifestyles Chiropractic &
Acupuncture Center, P.C.
303-271-1701

Anne Linze, Marriott Denver
West, 303-273-4030

Gretchen Thomas, Bank Of The
West, 303-526-1023

Lisa Kish-Pittman,
Abrakadoodle, 303-997-9061

Steve Lowers, Lowers
Hardwoods, 303-205-9663

Marla Swanson, WilLiv Center
303-232-2143



The Applewood Business Association welcomed Steve Basler of State Farm into the association at his new offices on Youngfield

Thanks to New and Renewing Members

Thanks to all our new and renewing members! Because of your continuing support, the ABA just keeps on growing, which means more networking opportunities for you! For detailed information on each member, please visit the website at www.applewoodbusiness.com.

New Members

John Tracy, Individual Member, PO Box 5207, Golden, Co 80401, 303-995-6421, jtracy43@earthlink.net

Renewed Members

Dominique Clavel – Old Chicago Restaurant

Karen Cutrell – ReMax Alliance

Bob Dubois – Dubois Enterprises

Tamra Hartman – WestSide Computing, LLC

Kent Ingram – Colorado Business Bank

Jennifer Williams – Buzz 4 Help, LLC

****SAVE THE DATE** ABA HOLIDAY LUNCHEON**

When: Wednesday, December 9th
Time: 11:15 networking, 11:30 lunch
Where: Marriott - Denver West



Business Education Series Events

Topic: The Buck Stops Here!

When: Thursday, Nov. 5th 7:30-9:00 a.m.

Where: City of Lakewood, City Hall

About: Business finance expectations-why there is no such thing as free money. Incentive & efficiency programs...ways to save money in your business every day.

Register: email: ed@lakewood.org or call Joyce Wayman at 303-987-7730

Cost: FREE

Fundraiser for The WilLiv Center

This is our 3rd annual event. It will take place on December 4, 2009 at 7:00 p.m. at the Buffalo Rose in downtown Golden with the Jim Hyatt Band performing. This is the same night that the Golden Chamber of Commerce has their candle light walk. It is a magical night in Golden and what a perfect way to end the evening by "Dancing the Night Away" to raise money for moms and children going through the process of divorce. We are seeking sponsors, people who care to make a difference for families right here in Jefferson County and also accepting silent auction items as well as items for the live auction. It will be a night to remember and cherished because every day is a holiday when we help a single mom raising precious children!

For Tickets or Sponsorship-CONTACT Marla Swanson at 303-232-2143 or marla@williv.org

Wheat Ridge Worksite Wellness Coalition--LiveWell Wheat Ridge (LWWR) is a partnership of community stakeholders to create an environment and culture which supports healthy eating and active living (HEAL) to the negative impacts of adult and childhood obesity. We accomplish this through supporting programs, policies and changes to the physical environment and infrastructure in Wheat Ridge. LWWR seeks to develop a Wheat Ridge Worksite Wellness Coalition. This coalition will partner with large and small Wheat Ridge businesses to implement work site wellness capacity-building opportunities provide grants to small and large businesses to implement worksite wellness strategies, and provide a forum for employers to discuss best practices, current resources and program updates. For more information about LiveWell Wheat Ridge or the Wheat Ridge Worksite Wellness Coalition please contact Molly Hanson, LiveWell Wheat Ridge Coordinator, at (303) 324-7998 or molly.hanson7@gmail.com. For more information about the LiveWell Colorado Community Initiatives, visit www.livewellcolorado.org.

5-MINUTE SPEAKER

With over twenty years experience Caruso's design team brings to you its valuable experience and expertise. You will be greeted and served by one of our designers who will help you with every aspect of this important decision. We believe in total collaboration with you and our design team. We will respect your wishes and bring our experience to fulfill your creative vision. Take time to visit our showrooms in Wheat Ridge and Boulder. We take great pride in using top-of-the-line manufacturers and artisans whose product finishes are second to none. You'll see that Caruso carefully selects and uses only the best in every way. We say with confidence that Caruso Kitchens will transform your kitchen into a visual masterpiece. Your new kitchen will enrich your life and serve as the setting for memories that will last a lifetime.

PROGRAM SPEAKER

Carol Frank is a serial entrepreneur who has founded four successful businesses and who has now turned her passion into helping others learn from the lessons of "Been there, done that." Her engaging presentation shows leaders how to increase profitability, reduce stress, and have more fun. Her highly acclaimed book "Do as I say, Not as I did" highlights not her amazing journey, but 30 other nationally known Business leaders. She appeared on Oprah, MSNBC, and NBC NEWS among many others. For local events in Colorado she also brings her Celebrity Parrot, Murphy, who is always a hit!!!

ABA GENERAL MEMBERSHIP MEETINGS

Make meeting reservations and pay online at
www.applewoodbusiness.com/meetingsignup.shtml,
or call 303-233-4764 at least 48 hours in advance, please.

BREAKFAST 7:15 AM, THURSDAY, November 12th

Location: Holiday Inn, Denver West, 14704 W. Colfax

Cost: \$15.00

Speaker: Carol Frank, "Do As I Say, Not As I Did" Author

About The Program: Principles For Prolonged Prosperity

5-Minute Spotlight & Door Prize: Jared Caruso, Caruso Kitchens

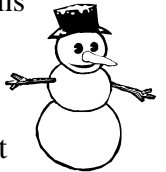
LUNCH 11:15 AM, WEDNESDAY, December, 9th

Location: Marriott Denver West

1775 Denver Marriott West Blvd.

Cost: \$25.00 includes salad, choice of entrée & dessert

About the Program: Christmas Luncheon, White Elephant Exchange



You can sign up for Applewood Business Association meetings, get the latest membership directory information and other important information on the ABA Web site? Go to www.applewoodbusiness.com

If you sign up to be the 5-minute spotlight speaker for an upcoming meeting, ABA will feature your business in the Newsletter for FREE.

A sign up sheet will be available at the monthly meeting;

OR for more info or to sign up, email Lillian.Phillips@greatwesternbank.com.

MISSION STATEMENT

The ABA is dedicated to the promotion, expansion and development of its members by providing services that directly aid, support and promote their business and by expressing and supporting common goals of protection, identity and growth of Applewood businesses and the community.

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*The ABA is a partnership of community-minded business persons
working together to improve the quality of life in our community.*

Applewood Business Association
P.O. Box 5177
Wheat Ridge, CO 80034



